



4th National Congress
with International Participation

NATIONAL HEALTHCARE

ORGANIZERS



MINISTRY OF HEALTH



ROSCONGRESS
Building Health

НАЦИОНАЛЬНЫЙ ЦЕНТР
РОССИЯ



CONGRESS NAVIGATOR



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**NATIONAL
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WELCOME TO THE 4th NATIONAL CONGRESS WITH INTERNATIONAL PARTICIPATION “NATIONAL HEALTHCARE”!



22–23 October 2025



Russia National Centre

(14, Krasnopresnenskaya Naberezhnaya)

We recommend that you arrive at the Congress venue 30-40 minutes prior to the start of the event you have registered for.

To access the Congress venue, you need to [receive a badge](#).

ORGANIZERS:



MINISTRY OF HEALTH
OF THE RUSSIAN FEDERATION



ROSCONGRESS
Building Health

The organizational partner is the Russian Research Institute of Health.

CONTACTS



+7 (495) 640 6093



nzdrav@roscongress.org



nzdrav.ru

ONLINE COMMUNITY



[Chat bot for the Congress participants](#)



[Roscongress Direct](#)

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ARRIVAL IN MOSCOW

OBTAINING A VISA

If you need a visa to enter the Russian Federation, you can:

- 1) apply for a visa **by obtaining an invitation for foreign arrivals** (for all Congress participants);
- OR
- 2) obtain an **electronic visa** (available for citizens of 64 foreign countries).

For more detailed information, see:

 ['Visa support'](#) section of the Congress website

BY AIR

SHEREMETYEVO AIRPORT

+7 (495) 578 6565
svo.aero

DOMODEDOVO AIRPORT

+7 (495) 933 6666
dme.ru

VNUKOVO AIRPORT

+7 (495) 937 5555
vnukovo.ru

The journey time from any of the airports to the Congress venue is approximately 60 minutes by car (depending on the traffic).

You can also get to the city centre by metro, overground public transport, and trains.

	 By train	 By bus or public taxi bus
SHEREMETYEVO AIRPORT	Aeroexpress to Belorusskaya metro station	- No. 1195, 1195D (to Khovrino metro station) - No. 949 and 851 (to Belomorskaya and Rechnoy Vokzal metro stations) - No. 948 and 817 (to Planernaya metro station) - N1 (to Kitay Gorod metro station – night route)
DOMODEDOVO AIRPORT	Aeroexpress to Paveletskaya metro station	No. 1185, 308 (to Domodedovskaya metro station)
VNUKOVO AIRPORT	Express train to Kievskaya metro station (on the circle line)	- No. 911 or 911K (to Salaryevo metro station on the red line) - N11 (to Kitay Gorod metro station – night route)

BY RAIL

Information and Service Centre of JSC 'Russian Railways' (JSCO 'RZD'):

 8 (800) 775 0000

 info@rzd.ru

 eng.rzd.ru

HOTEL ACCOMMODATION

Participants and guests of the National Healthcare Congress 2025 are invited to use the hotel booking service.

Use the hotel booking service on the event website in the '[Hotel Accommodation](#)' section. Rates, minimum period of stay and cancellation policies are set by the hotels and cannot be altered.

To ensure comfortable accommodation, we recommend booking hotels in advance.

Contact info:

 +7 (495) 369 2011 (ext. 3016)

 booking@roscongress.org

CONGRESS VENUE

 [14, Krasnopresnenskaya Naberezhnaya, Moscow](#)

The 4th National Congress with International Participation "National Healthcare" will take place on 22–23 October 2025 at the Russia National Centre.

The Russia National Centre is a large venue that hosts cultural and business events and presents Russia's modern achievements in culture, science, and art.

A detailed map of the venue is available on the Congress website in the '[Venue map](#)' section.

HOW TO GET TO THE VENUE?

The Russia National Centre is easily accessible by car or public transport.

The nearest metro stations are Delovoy Tsentr (exit 5) and Moskva-City (exits 1–3).

BADGE COLLECTION

You must have an activated accreditation badge to enter the congress hall area and business programme halls of the Congress.

You must carry **your badge** and identity document (**passport**) with you at all times when at the Congress venue.

WHAT DO I NEED TO DO TO PICK UP MY BADGE?

In order to get your badge prepared for issuance, the information in the Roscongress personal account must completely match the data in your passport.

In the **'My events – National Healthcare Congress 2025 – Event dashboard'** section of the Roscongress personal account you should:

1. **Confirm participation in the Congress**

2. **Enter your personal information** in full in accordance with your passport

3. **Upload a required photo for badge**

Tab 'My events – National Healthcare Congress 2025 – Event dashboard – Personal information – Edit data'.

Data processing takes from 1 day.

If changes have been made to your identity document (passport) after you completed the application to participate in the Congress, the data in your [Roscongress personal account](#) must be edited.

If changes need to be made to fields that cannot be edited, a participant should inform Roscongress Foundation specialist whose contacts are indicated in the Roscongress personal account.



When issuing the badge, the accreditation operator checks the data specified in the application to ensure it matches the information in your identity document.

HOW TO FIND OUT IF MY BADGE IS READY?

There are several ways to find out or be notified when a participant badge is ready:

- a call to the Congress information centre +7 (495) 640 6093;
- a call to a Roscongress Foundation specialist whose contacts are listed in the Roscongress personal account.

HOW DO I PICK UP MY BADGE?

Participant accreditation badges may be collected **in person** by presenting an identity document that is listed in the [Roscongress personal account](#) and the original of personal data consent form.

To pick up a badge for another participant **by proxy**, the authorized individual must present:

- passport;
- original of personal data consent form;
- original standard power of attorney;
- list of participants and copies of their passports.

A power of attorney form and a personal data consent form can be downloaded from the ['Badge collection'](#) section of the Congress website.

WHERE TO COLLECT YOUR BADGE?

We kindly ask that you collect your accreditation badge **in advance** at the accreditation point in Moscow.

ACCREDITATION POINTS	DATE	OPERATING HOURS
Roscongress Foundation Accreditation Centre at the WTC Moscow (12, Krasnopresnenskaya Naberezhnaya, entrance 7, 1st floor)	20–21 October	09:00–20:00
Russia National Centre (14, Krasnopresnenskaya Naberezhnaya)	22–23 October	08:00–19:00

BUSINESS PROGRAMME

The business programme is categorized under seven thematic pillars:

Human Capital in the Industry

Digitalization and Data Management

Processes, Quality, Satisfaction

Implementation of Federal Projects

Health Protection

Healthy Eating

Management of Infrastructure, Finances, and Resources

The **‘Human Capital in the Industry’** business track consists of five sessions dedicated to issues currently affecting human resources in healthcare and the role of medical universities in staffing regional healthcare systems.

The session **‘Artificial Intelligence in Real Practice’** will include a discussion dedicated to **‘Digitalization and Data Management’** pillar. Participants will discuss the key directions of digital transformation of healthcare: the way innovative AI solutions can help bring new drugs to market more quickly, and autonomous systems in clinical practice.

Discussion will also touch on the digital divide separating the different generations of specialists, with special attention to support programmes for doctors requiring help with modern technologies.

Three of the business programme’s sessions are about healthy nutrition. The Congress will present the best regional healthy nutrition practices and examine the role that international cooperation plays in ensuring this. Participants will also discuss the ways in which technology will change our diet by 2030.

Congress participants will also check in on how federal projects are getting along during the sessions **‘Heart of the Nation 2.0’**, **‘Winning Time: New Opportunities in Oncology’**, **‘The Future of Rehabilitation: From Recovery to Improving Quality of Life’**, and **‘Fighting for Our Health: Obesity Throwing Down the Gauntlet to Global Healthcare’**, among others.

The expert discussions scheduled as part of the National Healthcare Congress business programme will be complemented by two plenary sessions. The plenary session '**The New 2040 Healthcare Model: From Reactive to Proactive**' will be held on 22 October, and the plenary session '**Food Matters: Why our Diet is a Matter of National Importance**' will be held on 23 October.

[VIEW THE LATEST VERSION
OF THE PROGRAMME](#)

LINGUISTIC SUPPORT

Simultaneous interpretation in the Russian-English language pair is available at the plenary sessions and other events of the business programme held in conference halls 2 and 3.

EXCURSION PROGRAMME

Excursions to leading federal institutions and medical organizations in Moscow will be arranged for Congress participants **on 21 October**.

Participants will have the opportunity to learn about the latest developments in domestic medicine, not just in words, but in practice as well. The full list of institutions as well as the time of the tours is available in the Roscongress personal account.

JOURNEY ACROSS RUSSIA INTERACTIVE TOUR



Pavilion 7, 2nd floor

The Journey Across Russia is a fascinating tour of three thousand square meters of the Russia National Centre showcasing the major achievements and natural beauty of Russia's eight federal districts.

The tour will take participants from the Far East to Kaliningrad and introduce them to unique natural attractions, the regions' industrial potential, and other aspects of life in modern Russia.

22 OCTOBER	
09:30–10:30	Five groups of 20 people each. A tour of the second floor that sets out from the front desk on the second floor.
12:00–13:00	Four groups of 20 people each. A tour of the second floor that sets out from the front desk on the second floor.
Additional 30-minute tours of the first floor for groups of 17 people set out at 12:17, 12:23, and 12:27 from the front desk on the first floor.	
15:30–17:00	Three groups of 20 people each. A tour of the second floor. The tour sets out from the front desk on the second floor.
Additional 60-minute tours of the first floor for groups of 17 people set out at 15:27, 15:37, and 15:42 from the front desk on the first floor.	



23 OCTOBER	
10:30–11:30	Three groups of 20 people each. A tour of the second floor that sets out from the front desk on the second floor.
10:50–11:50	Three groups of 20 people each. A tour of the second floor that sets out from the front desk on the second floor.
Additional 60-minute tours of the first floor for groups of 17 people set out at 10:27, 10:32, 10:37, 10:42, 10:47, and 10:53 from the front desk on the first floor.	

EXHIBITIONS

PHOTO EXHIBITION ‘MEDICS AT WORK’

Pavilion 3, 1st floor

The exhibition features works by participants in the third ‘Medics at Work’ photo contest. Since its inception, the ‘Medics at Work’ contest has collected nearly 10,000 photos and stories of courage and bravery, compassion and support, joy and true happiness.

This year, the photo contest is dedicated to the Year of the Defender of the Fatherland. Its goal is to tell the stories of heroes whose heroic feats often go unnoticed. It is about those who are willing in any situation to come to the rescue and save the lives of others, while sometimes risking their own.

Nominations for the third ‘Medics at Work’ photo contest:

- Main category: #LEAVENOMANBEHIND
- Medic at Work
- On Land, in the Air, and at Sea
- Half a Century of Experience
- Dynasty
- Patients, We Love You
- Future Medics
- Medics of the World, Unite

The ‘Medics at Work’ photo contest is being organized by the Russian Research Institute of Health of the Ministry of Health of the Russian Federation with the support of the Ministry of Health of the Russian Federation.

[Official website of the photo exhibition](#)

EXHIBITION ‘REGION 2030. PLATFORM OF THE FUTURE’

Pavilion 7, 2nd floor

The exhibition presents the achievements of Russia’s regions and their strategic development plans. The first seven regions to participate are the Chelyabinsk, Tula, Voronezh, and Amur Regions, the Nenets Autonomous District, the Republic of Dagestan, and the Jewish Autonomous Region. Each region has prepared a unique stand that combines modern multimedia technologies with authentic historical artefacts.

The exhibits include interactive installations that showcase the economic, social, and cultural achievements of the regions. They devote particular attention to promising regional development projects.

Visitors to the exhibition will have a chance to take a virtual journey across Russia's regions on the legendary 2-3-2V steam locomotive. The exhibit is an exact replica of the high-speed locomotive prototype, which was designed in 1938 at the Voroshilovgrad Locomotive Plant. Come see what engineering solutions from the last century have in common with today's innovations in the transport industry.

DINING

A free coffee break area has been organized for the participants of the Congress **in Pavilion No. 7, 1st floor, Gastronomic Avenue**. The coffee break area operates according to the venue's schedule.

During the Congress, the Gastronomic Avenue and all stationary dining points at the Russia National Centre will continue to operate on a paid basis.

BUSINESS SERVICES

BROADCASTS OF CONGRESS EVENTS

Online broadcasts of the plenary sessions and business programme events will be available in the '[Business programme](#)' section of the Congress website. A broadcast archive following the event will be available on the Congress website.

ROSCONGRESS PHOTO BANK

The Roscongress Foundation provides photography for all business programme events during the Congress.

Photographs are published at the Roscongress photo bank in real time. Images can be displayed by event and date to facilitate browsing.

The photographs are available for viewing and free download in high resolution, and may be freely used, provided a reference to the Roscongress Foundation is included.



photo.roscongress.org

ROSCONGRESS MOBILE APP

The mobile app is an information, communication, and service platform for participants of all events organized by the Roscongress Foundation.

The St. Petersburg International Economic Forum, Eastern Economic Forum, Russian Energy Week International Forum, National Congress with International Participation "National Healthcare", and other events have now been integrated into a convenient app on your smartphone.

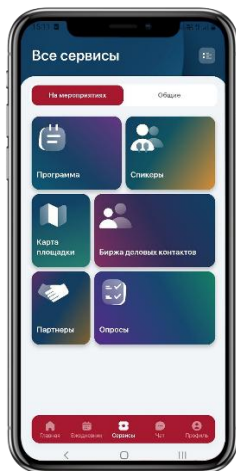
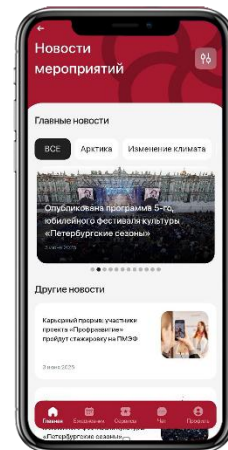
WHY SHOULD I DOWNLOAD THE APP?

SERVICES FOR ORGANIZING YOUR PARTICIPATION

- readiness status of badges, transport passes, and PCR testing results
- information brochure for participants

FULL ACCESS TO THE PROGRAMME

- up-to-date session schedule
- adding individual events to the built-in calendar
- live broadcasts



LATEST NEWS

- information about all Roscongress Foundation events, latest news and analytics
- push notifications about key events and services

CONVENIENT NETWORKING

- ability to exchange contacts with other event participants

THE MOBILE APP IS AVAILABLE FOR DOWNLOADING IN THE [APP STORE](#) AND [GOOGLE PLAY](#) (SEARCH TERM: ROSCONGRESS).

All the app's functions and features are fully available after entering the [Roscongress personal account](#) login and password.

HOLDING PRESS EVENTS

Press points are provided for communication between participants and media representatives at the Congress venue. The press points and signing ceremony point are designed in the corporate style and equipped with a light and sound amplification system.

AREA	LOCATION
Press point 1	Pavilion 3, 1 st floor
Signing ceremony point and press point 2	Pavilion 7, 2 nd floor, to the left of the congress hall
Press point 3	Pavilion 7, 2 nd floor, opposite the conference hall 3
Press point 4	Pavilion 7, 4 th floor

Press points are free upon prior request.

For more information, you can contact the head of the press center, Alvina Shirinskaya, by e-mail alvina.shirinskaia@roscongress.org.

INFORMATION AND SERVICES POINT

 Pavilion 7, 2nd floor, opposite the conference hall 3

At information and services point, participants can obtain information on the Congress business, available services, directions around the venue, and other sites. The information and services points also provide an opportunity to:

- copying and printing of documents;
- record information to electronic media;
- charge mobile devices;
- learn about things lost and found at the venue;
- carry out a business trip registration.

ROSCONGRESS.ORG INFORMATION AND ANALYTICAL SYSTEM

The Roscongress Information and Analytical System is a unique Roscongress Foundation knowledge base. The Roscongress IAS provides quick and easy access to all resources related to major business events in Russia that are organized by the Roscongress Foundation.

Features of the interactive knowledge base:

- descriptions of **8,500+** sessions across more than **280** topics covering global and national development;
- talks, interviews, and insights from more than **28 000** speakers;
- research studies, articles, analytical digests, and expert reviews.

Forum participants and all visitors to the ROSCONGRESS.ORG website have a range of services at their disposal:

- **Summary:** analytical summaries of key discussions, including overviews of conclusions, objectives, and solutions.
- **Analytical digests:** a selection of analytical materials dedicated to important comprehensive studies on the business agenda of the forums.
- **Video broadcasts of business programme events** and the broadcast archive. Broadcasts are available in the 'Programme' section of the event website.
- **Search video broadcasts:** a feature enabling the user to search for information of interest within videos of events.
- **Base of the Foundation speakers and experts:** the main information about the participants of the events, their bright statements.
- **Official business directory of the portal.**
- **The Roscongress Blog:** interviews with famous people from the world of culture, sport and science, fascinating stories about the cities and regions in which events are held, and articles about the lifestyles of businesspeople.

The Congress participants are able to use unique services and appreciate the advantages of the ROSCONGRESS.ORG Information and Analytical System in their mobile phones, tablets and computers.

 roscongress.org

SPECIAL STATUS FOR ROSCONGRESS FOUNDATION EVENT PARTICIPANTS

Companies with **Special Status** are included in the ROSCONGRESS.ORG Information and Analytical System's business catalogue (Companies section). Strengthen your company's brand and unlock its potential by joining an authoritative portal's ecosystem.

Benefits of being published in the Companies section:

- The creation of a separate company webpage in the ROSCONGRESS.ORG business catalogue.
- Information published about the company, including activities, history, and areas of expertise.
- The ability to publish analytical materials and expert commentaries*.
- The ability to take advantage of the Roscongress Foundation's marketing capabilities.
- Strengthen participants' online presence.
- Raise brand awareness and visibility of the company's senior executives and experts.
- Have your company associated with the country's biggest events.

* Materials must not contain information aimed at either promoting the company or its goods and services for advertising purposes.

Take a leadership approach to progress and advancement! Take advantage of the resources offered on ROSCONGRESS.ORG. Benefit from a wealth of expert information and share experience on analytics and artificial intelligence. Get your expertise, experience, ideas and innovations noticed by the Roscongress Foundation website's target audience.

For more detailed information, see: roscongress.org/about/vip-status

Advert. ROSCONGRESS FOUNDATION, TIN: 7706412930



roscongress.org/company

SME COOPERATION

NEW OPPORTUNITIES FOR BUSINESS DEVELOPMENT

The SME Cooperation B2B service is a project that the Roscongress Foundation is implementing to support small and medium-sized businesses.

The platform brings Russian and foreign companies together with the aim of developing cooperation between businesses and industries, attracting investments, and exchanging technologies.

Support is provided by the SME Corporation and Roscongress Foundation. Project participants create their own cards, after which they can view the register and see what other companies offer.

The service is free and available to all users of the Roscongress personal account.

Create a company business card, view offers from other participants, and start intensifying your business cooperation and collaboration!

WHAT ARE THE BENEFITS OF THE SERVICE?

Convenient format

A **networking platform register** is formed through cooperation between suppliers and customers, and is continuously updated with the latest data. The register serves as an online shop window, providing a convenient search function for essential goods, services, suppliers, contractors, investors, and more.

Foreign business contacts

The SME networking platform not only offers unique goods and services sold in Russia's remote regions but also provides an opportunity to establish cooperation with foreign companies.

Speed of getting into direct contact with decision-makers

The meeting scheduling service in the [Roscongress personal account](#) and mobile app allows users to send meeting invitations to other participants of Roscongress Foundation events. This minimizes the time and effort required to organize a meeting.

Partners and investors

Post information about your company and products to attract new partners and investors from Russia and other countries.

Product search

More than 5,100 verified Russian manufacturers and suppliers.

Quick access

Access to requests from private companies and retail chains for finished products or components with the ability to respond to them.

HOW CAN I BECOME A MEMBER OF THE SERVICE?

1. You can apply in your Roscongress personal account (the SME Cooperation tab) by filling in the participant's card according to the following pattern:
 - general information about the company;
 - information on the company's goods, services and projects;
 - information on the demand for the company's goods, services, and suppliers, the preparedness/willingness to enter new markets, etc.

The more information you provide about your offer and needs, the higher your chances of finding customers, suppliers, and new sales channels. It will also boost your opportunities to offer your services, giving you a better chance to expand your business and strengthen your position in the market.

2. After entering your goods/services information, you can learn more about the goods/services cards that have already been created and other companies' needs for goods/services.
3. The **SME networking platform** section provides company registers by category (non-food goods/food/services) based on the goods and services cards that are generated. With their help, you will be able to:
 - find the items you need with the sorting function and exchange contacts;
 - communicate directly with decision-makers;
 - schedule significant **meetings at the Forum venue** and discuss details of cooperation in the comfort of the business lounges.

CLOAKROOM

-  Pavilion 3, 1st floor
-  Pavilion 7, 1st floor, at the west entrance

FIRST AID

-  Pavilion 3, 1st floor
-  Pavilion 7, 1st floor

Ambulances will be stationed at the event venue for the duration of the Congress.

GENERAL INFORMATION

WEATHER IN MOSCOW

The average temperature in the end of October in Moscow is +3 °C. During the Congress, the air temperature can vary from -3 °C at night to +5 °C during the day.

CURRENCY AND BANK CARD TRANSACTIONS

CURRENCY EXCHANGE

Please note the following currency exchange restrictions in the Russian Federation:

- It is not possible to withdraw roubles/foreign currency at an ATM or receive cash at a point of sale using Mastercard or Visa cards issued outside of Russia. These cards can also not be used for the payment of goods and services in Russia.
- Only cash in US dollars or euros can be freely exchanged for cash in roubles in most banks in Russia. Some bank offices can exchange Chinese yuan, United Arab Emirates dirham, Turkish lira and cash in other currencies. The exchange rate and addresses can be found [here](#).
- For currency exchange operations you must present an identity document. If the exchange exceeds the equivalent of USD 10,000, it must be declared in writing.

Current information on exchange rates can be obtained on the website of the Central Bank of Russia: cbr.ru.

BANK CARDS

We do **recommend having cash with you** for the entire duration of the Congress due to restricted use of foreign bank cards in Russia.

Cards of the Mir and UnionPay payment systems work in Russia without restrictions in any currency. Congress participants are advised, where possible, to apply for a card or bring an existing card from either of these payment systems.

Please note that UnionPay has started its operations in Russia relatively recently. Therefore, cards of this payment system may occasionally malfunction.

EMERGENCY SERVICES

Rescue service (for mobile phone users): **112**

Fire brigade: **101** (for mobile phone users), **01**

Police: **102** (for mobile phone users), **02**

Ambulance: **103** (from mobile phones), **03**

Moscow Information Bureau: **+7 (495) 777 7777**

EMERGENCY PROCEDURES

The Congress venue is furnished with modern safety equipment, including video surveillance and fire extinguishing systems.

In case of evacuation announcement, participants should:

- Keep calm and follow instructions of the Congress staff, the police and other persons responsible for maintaining public order and fire safety as well as the voice alarm instructions.
- Not interfere with rescue personnel, police and transport operations.
- Leave the venue according to the evacuation plans and follow the exit signs.
- Give way to vehicles with sound and light signalling devices.

We ask you to immediately report smoke, fire or any suspicious objects by dialling **112** on your mobile device and notify the Congress staff.

This information is valid as of 20 October 2025. The latest information about the Congress can be found on the official website nzdrav.ru.