

3rd National Congress with international participation

NATIONAL HEALTHCARE







INFORMATION FOR PARTICIPANTS



WELCOME TO THE 3nd NATIONAL CONGRESS WITH INTERNATIONAL PARTICIPATION "NATIONAL HEALTHCARE"!



28-29 October 2024



Lomonosov Cluster of the Sparrow Hills ISTC of Moscow State University (1, Ramensky Bulvar)

State Kremlin Palace (1, Kremlyovskaya Naberezhnaya)

We recommend that you arrive at the venue of Lomonosov Cluster in good time, at least 30–40 minutes before the start of the event of your interest.

You must <u>obtain a badge</u> to attend the Congress events at the Lomonosov Cluster on 28 October.

You must <u>obtain a ticket</u> to attend the plenary session at the Plenary Hall of the State Kremlin Palace on 29 October. Participants are asked to arrive at the venue by no later than 12:00.

CONGRESS ORGANIZERS:

- Ministry of Health of the Russian Federation
- Roscongress Foundation

WITH THE SUPPORT of the Government of the Russian Federation

ORGANIZATIONAL PARTNER:

Russian Research Institute of Health of the Russian Ministry of Health

CONTACT INFO



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nzdrav.ru



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ONLINE COMMUNITY



Roscongress Direct

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CONGRESS VENUES

The business programme event of the 3rd National Congress with International Participation "National Healthcare" will be held at the Lomonosov Cluster of the Sparrow Hills ISTC of Moscow State University (1, Ramensky Bulvar).

The plenary session will be held at the Plenary Hall of the State Kremlin Palace (1, Kremlyovskaya Naberezhnaya).

More information on the Congress venues can be found on the official Congress website in the 'Congress venues' section.

A detailed map of the Lomonosov Cluster is available in the <u>'Venue map'</u> section of the Congress website closer to the event dates.

HOW TO GET TO THE VENUE?

TO THE LOMONOSOV CLUSTER

During the Congress, free shuttle buses will run from the Universitet metro station to the event venue.

For more information, please see the 'Shuttles' section on the Congress website.

TO THE STATE KLEMLIN PALACE

The way from the metro stations to the State Kremlin Palace will take no more than 5 minutes on foot. From the metro you can get there by different routes.

Closest metro stations: Alexandrovsky Sad, Biblioteka Imeni Lenina, Arbatskaya, and Borovitskaya.

Buses: E10, M1, M2, M6, M7, M9, H2, H11 (Biblioteka Imeni Lenina metro station stop)

ACCESS TO THE EVENT VENUE

Congress participants must obtain an accreditation badge for the first and second days (28–29 October), as well as a ticket to the plenary session.

To attend only **the plenary session on 29 October**, you only need a ticket to the State Kremlin Palace and an original copy of your identity document (passport).

BADGE COLLECTION

You must have an activated accreditation badge to enter the Lomonosov Cluster.

The badge may not be transferred to third parties. You must carry your badge and identity document (**passport**) with you at all times when at the Congress venue.

WHAT DO I NEED TO DO TO PICK UP MY BADGE?

In order to get your badge prepared for issuance, the information in the Roscongress personal account must completely match the data in your passport.

In the 'My events – National Healthcare Congress 2024 – Event dashboard' section of the Roscongress personal account you should:

- 1. Confirm participation in the Congress
- 2. Enter your personal information in full in accordance with your passport

3. Upload a photo

Photo requirements:

- Colour photo against a light background
- Photo size 480 × 640 pixels
- Photo format JPG or JPEG
- Full-face photo with no headgear
- Your face must take up at least 70% of the photo

Tab 'My events – National Healthcare 2024 Congress – Event dashboard – Personal information – Photo – Edit data'.

4. Upload a scanned copy of your passport

Tab 'My events – National Healthcare Congress 2024 – Event dashboard – Personal information – Edit data'.

Please make sure that the scanned copy is legible and contains complete information about the data you gave when registering, including the series and number of the document, the issue date, the issuing authority, and a photo.

Formats: JPG, JPEG, PDF, PNG.

5. Pay to attend the Congress (if you have been approved to attend on a commercial basis)

If there have been any changes to a participant's ID since the application was completed, their personal data needs to be updated in the <u>Roscongress personal account</u> accordingly. If changes need to be made to fields that cannot be edited, a participant should inform Roscongress Foundation specialist whose contacts are indicated in the Roscongress personal account.

If you have forgotten your login and password, you can use the <u>login and password recovery function</u> on the Roscongress personal account login page or contact us by email: weboffice@roscongress.org.



When issuing the badge, the accreditation operator checks the data specified in the application to ensure it matches the information in your identity document.

HOW TO FIND OUT IF MY BADGE IS READY?

There are several ways to find out or be notified when a participant badge is ready:

- A call to the Congress information centre: +7 (495) 640 6093
- A call to a Roscongress Foundation specialist whose contacts are listed in the Roscongress personal account (Tab 'My events – National Healthcare Congress 2024 – Event dashboard')

HOW DO I PICK UP MY BADGE?

Participant badges may be collected **in person** by presenting the identity document (passport), whose details are indicated in the Roscongress personal account, and an original of personal data consent form.

If receiving a badge **by proxy** (by a power of attorney for another participant or a group of participants), the authorized person must present the following:

- Authorized person's passport
- Original standard power of attorney
- List of participants
- Copies of the passports of all participants to be accredited
- Originals of personal data consent forms

A power of attorney form and personal data consent form are available for downloading in the <u>'Badge collection'</u> section of the Event website.

WHERE TO COLLECT YOUR BADGE?

To avoid queues and other inconveniences when entering the Congress venue, please pick up your badge **in advance** at the accreditation point in Moscow.

ACCREDITATION POINT	DATES	OPERATING HOURS
Roscongress Foundation Accreditation Centre at the World Trade Center Moscow (12, Krasnopresnenskaya Naberezhnaya, entrance No. 7, 1st floor)	25–28 October	09:00–18:00
Lomonosov Cluster (1, Ramensky Bulvar)	27 October 28 October	10:00–19:00 08:00–18:00

ACCESS TO THE PLENARY SESSION

The plenary session will be held at the Plenary Hall of the State Kremlin Palace on 29 October. To access to the plenary session, you must have with you **a ticket** and an original copy of your identity document (**passport**).

Participant tickets may be collected **in person** by presenting the identity document (passport), whose details are indicated in the <u>Roscongress personal account</u>. **Participants are asked to arrive at the venue by no later than 12:00.**

We recommend that you do not take large bags, plastic bags, laptops, or batteries with you into the Plenary Hall.

WHERE TO COLLECT YOUR TICKET?

POINT	DATE	OPERATING HOURS
Roscongress Foundation Accreditation Centre at the World Trade Center Moscow (12, Krasnopresnenskaya Naberezhnaya, entrance No. 7, 1st floor)	26–28 October 29 October	09:00–18:00 09:00–12:00
Lomonosov Cluster (1, Ramensky Bulvar)	27 October 28 October	10:00–19:00 08:00–18:00

BUSINESS PROGRAMME

During the Congress, the participants will discuss key issues and strategies that aim to bolster and develop healthcare in accordance with Semashko's ideas, such as the accessibility of medical care, disease prevention, and the protection of motherhood and childhood.

The two-day programme of the Congress includes more than 25 events in various formats. The discussion participants will include opinion leaders and experts in the healthcare industry, representatives of the Russian federal executive authorities, and the heads of government agencies, major research centres, as well as medical and pharmaceutical companies. Experts from other countries will also take part in the Congress.

The themes of the sessions are:

- uniting prevention and treatment;
- accessible medical care wherever you are;
- managing health scientifically;
- supporting human health;
- affordable modern medical production;
- providing everyone with affordable, healthy food;
- involving the public in public health policy;

The National Congress with International Participation "National Healthcare" will officially open with an **awards ceremony** for the winners of the National Competition of Doctors and Specialists with Higher Non-Medical Education; the National Competition 'Best Specialist with Secondary Medical and Pharmaceutical Education'; and the National Olympiad in Healthcare Organization, which is dedicated to the 150th anniversary of Nikolay Semashko's birth.

The Congress will conclude with a **plenary session in the Plenary Hall of the State Kremlin Palace**, where an official discussion concerning key areas of the development and accomplishments of the Russian healthcare system will take place through the lens of Nikolay Semashko's achievements.

VIEW THE LATEST VERSION OF THE PROGRAMME

SIMULTANEOUS INTERPRETING

Simultaneous interpreting in Russian and English will be available at the Lomonosov Cluster in business programme halls 3 and 4.

Receivers for simultaneous interpreting are issued at the entrance to each hall hosting an event or located in the pockets of the seats in front.

EXCURSION PROGRAMME

Excursions to leading federal institutions and medical organizations in Moscow will be arranged for Congress participants **on 27 October**. Participants will have the opportunity to learn about the latest developments in domestic medicine, not just in words, but in practice as well.

In the list of organizations:

- Sklifosovsky Institute for Emergency Medicine of the Moscow City Health Department;
- Blokhin National Medical Research Centre of Oncology;
- Shumakov Federal Research Centre of Transplantology and Artificial Organs of the Russian Ministry of Health;
- Puchkov Ambulance and Emergency Medical Care Station, and etc.

HOW TO ATTEND THE TOUR

To attend the tour, you must sign up for the tours you are interested in the 'Excursion Programme' section of your Roscongress personal account.

The full list of institutions as well as the time of the tours is available in your personal account. The number of places is limited.

If you change your mind, you can cancel and sign up for a tour to another institution in the same section. Please don't forget to bring along an identifying document (passport) to the excursion in the medical organization.

EXHIBITIONS

EXHIBITION ABOUT NIKOLAY SEMASHKO



Lomonosov Cluster, 2nd floor

THE FIRST PEOPLE'S COMMISSARY OF HEALTH OF THE SOVIET STATE

Nikolay Alexandrovich Semashko (1874–1949) not only made an enormous contribution to the development of Soviet medicine, but world healthcare as well. Semashko was the first People's Commissar of Health of the Russian Soviet Federative Socialist Republic. He headed the People's Commissariat of Health for 11 years during some of the most difficult years for the country and was involved in the development of anti-epidemic programmes. Under his leadership, prevention treatment, medical examinations, and the health resort business began to develop intensively, and the system of higher medical education was transformed. Many countries adopted some of the best practices of Semashko's system as a cornerstone for their own health systems. It became the prototype of the Beveridge model that was built in the United Kingdom, Finland, Portugal, Australia, Spain, Singapore, Italy, Sweden, Canada, and other countries. Serbia uses a combination of the Semashko model and Germany's Bismarck model. The Soviet system continues to operate in Cuba.

SEMASHKO TOUCHPADS

Nikolay Semashko is a highly prominent figure in the history of healthcare. Find answers to questions about the fate and main focuses of the first People's Commissar of Health of the RSFSR and receive stickers and a book about Nikolay Semashko as a gift.

EXHIBITION OF THE RUSSIAN HEALTHCARE SYSTEM'S ACHIEVEMENTS



Lomonosov Cluster, 2nd floor

This exposition of the Russian Ministry of Health presents some of the scientific achievements made by the subordinate institutions of the Russian healthcare system to promote a long and active life among the residents of Russia.

PHOTO EXHIBITION 'DOCTORS AT WORK'



State Kremlin Palace, Heraldic Lobby

This exhibition presents the works of contestants in the 'Doctors at Work' photo contest, which is being held for the second year by the Russian Research Institute of Health of the Russian Ministry of Health with the ministry's support. Its main goal is to shine the spotlight on the work of medical workers and draw attention to their invaluable and very difficult work through photography. The contest included **12 nominations**. Participants from all regions of Russia submitted **4,708 works** for the contest.

The most popular nominations among the contestants were: 'Doctor at Work', 'A Highly Unusual Hobby', 'Live Emotions', 'We Love You, Patients', 'Future Doctors', and '#SVOIKHNEBROSAEM'.

SERVICES FOR PARTICIPANTS

HOTEL ACCOMMODATION

To reserve a room at special rates for Congress participants, please send a request directly to the hotel you select using the promo code 'ZDOROVE' or use the booking instructions on the hotel's website.

Detailed information:



'Hotel accommodation' section of the Congress website

ROSCONGRESS PHOTO BANK

The Roscongress Foundation provides photography for all events at the National Healthcare Congress 2024, as well as at other events organized by the Foundation. Photographs are published in real time in the Event official photo bank.

Images can be displayed by event and date to facilitate browsing. The photographs are available for viewing and free download in high resolution, and may be freely used, provided a reference to the Roscongress Foundation is included.



photo.roscongress.org

BROADCASTS OF CONGRESS EVENTS

Online broadcasts of the plenary session and business programme events will be available in the 'Business programme' section of the Congress website.

A broadcast archive following the event will be available on the Congress website, subject to registration in the Roscongress personal account.

HOLDING PRESS EVENTS

The Congress venues, Lomonosov Cluster and Kremlin Palace, will have signing ceremony and press points.

AREA	LOCATION	
Press point *	State Kremlin Palace, Heraldic Lobby	
Press point / signing ceremony point *	Lomonosov Cluster, 1st floor	

^{*} Press points are free upon prior request.

ROSCONGRESS.ORG INFORMATION AND ANALYTICAL SYSTEM

The ROSCONGRESS.ORG Information and Analytical System is a unique Roscongress Foundation knowledge base.

The Roscongress IAS provides quick and easy access to all resources related to major business events in Russia that are organized by the Roscongress Foundation.

Features of the interactive knowledge base:

- descriptions of 6,000+ sessions across more than 280 topics covering global and national development;
- talks, interviews, and insights from more than 20,000 speakers and experts;
- research studies, articles, analytical digests, and expert reviews.

Participants and all visitors to the ROSCONGRESS.ORG website have a range of services at their disposal:

- **Summary:** analytical summaries of key discussions, including overviews of conclusions, objectives, and solutions.
- Analytical digests: a selection of analytical materials dedicated to important comprehensive studies on the business agenda of the forums.
- **Video broadcasts of business programme events** and the broadcast archive. Broadcasts are available in the 'Programme' section of the Events' websites.
- **Search video broadcasts:** a feature enabling the user to search for information of interest within videos of events.
- Base of the Foundation speakers and experts: the main information about the participants of the events, their bright statements.
- Official business directory of the portal.
- The Roscongress Blog: interviews with famous people from the world of culture, sport and science, fascinating stories about the cities and regions in which congresses are held, and articles about the lifestyles of businesspeople.

Participants are able to use unique services and appreciate the advantages of the ROSCONGRESS.ORG Information and Analytical System in their mobile phones, tablets and computers.

roscongress.org

INFORMATION AND SERVICES POINTS

- Lomonosov Cluster, 1st floor
- State Kremlin Palace, Heraldic Lobby

At information and services points, participants can receive information on the Congress programme, available services, and directions around the venue and other sites, as well as:

- copy and print documents
- charge mobile devices
- learn about things lost and found at the venue
- record information on electronic media
- carry out a business trip registration

CLOAKROOM

- Lomonosov Cluster, 1st floor
- State Kremlin Palace, basement, Mirror Lobby
- State Kremlin Palace, 1st floor, Heraldic Lobby

FIRST AID

Ambulance teams will be on duty in the immediate vicinity of the venues for the entire duration of the Congress.

DINING

LOMONOSOV CLUSTER

Two free coffee break areas have been organized for Congress participants:

- 1st floor, next to business programme hall 2
- 2nd floor, near the lounge area
- Per the venue's operating hours

The Lomonosov Cluster also has cafes and restaurants where participants can pay for meals on their own.

- Alma Restaurant, 1st floor, next to the main entrance
- Oo.Bro Coffee, 1st floor (opposite the information and services point)
- Magnit City store, 1st floor (opposite the escalator)

KREMLIN PALACE

Water is available to participants in the Mirror Lobby of the State Kremlin Palace.

GENERAL INFORMATION

ARRIVAL IN MOSCOW

BY AIR

SHEREMETYEVO	DOMODEDOVO	VNUKOVO
INTERNATIONAL AIRPORT	INTERNATIONAL AIRPORT	INTERNATIONAL AIRPORT
+7 (495) 578 6565	+7 (495) 933 6666	+7 (495) 937 5555
svo.aero		vnukovo.ru

The journey time from Sheremetyevo and Domodedovo airports to the Congress venue is approximately one and a half hour, from Vnukovo – 40 minutes approximately (depending on the traffic).

To get from any airport to Moscow and back, you can use the Aeroexpress rail service:

Domodedovo Airport: up to 50 min.

- Paveletsky railway station (Paveletskaya metro station)
- Verkhniye Kotly station (Moscow Central Circle)

Sheremetyevo Airport: 60 min.

- Belorusskiy railway station (Belorusskaya metro station)
- 'Bakovka', 'Begovaya', 'Kuntsevskaya', 'Nemchinovka', 'Rabochiy posyolok', 'Odintsovo', 'Okruzhnaya', 'Slavyansky Bulvar', 'Setun', 'Skolkovo', 'Testovskaya', and 'Fili' metro stations
- MCD-1 trains
- Okruzhnaya station (Moscow Central Circle)



BY RAIL

Russian railways call centre:



+7 (800) 775 0000



info@rzd.ru



eng.rzd.ru

CURRENCY AND BANK CARD TRANSACTIONS

CURRENCY EXCHANGE

Please note the following currency exchange restrictions in the Russian Federation:

- only USD and EUR cash can be freely exchanged for RUB cash.
- you must present your ID (passport) for transactions over RUB 40,000
- there is NO exchanging non-cash currency for RUB cash using Mastercard or Visa bank cards issued outside of Russia. It is also not possible to withdraw RUB cash from these cards

For the latest exchange rates, please see the Central Bank of the Russian Federation website: cbr.ru.

BANK CARDS

Given the existing restrictions on the use of foreign bank cards in Russia, we recommend that you carry cash with you for the entire duration of the Congress.

Cards of the Mir and UnionPay payment systems work in Russia without restrictions in any currency. Participants are encouraged to apply for a card or bring with them an existing card of any of these payment systems, if possible.

Please note that UnionPay has started its operations in Russia relatively recently. Therefore, cards of this payment system may occasionally malfunction.

WEATHER IN MOSCOW

The average temperature in Moscow at the end of October is around +3 °C. On the days of the Congress, the air temperature can vary from -3 °C at night to +5 °C during the day.

EMERGENCY SERVICES

Rescue service (for mobile phone users): **112** Fire brigade: **101** (from mobile phones), **01**

Police: **102** (from mobile phones), **02** Ambulance: **103** (from mobile phones), **03** Free city information: **+7 (495) 777 7777**

EMERGENCY PROCEDURES

The Congress venue is furnished with modern safety equipment, including video surveillance and fire extinguishing systems.

In case of evacuation announcement, participants should:

- Keep calm and follow instructions of the Congress staff, the police and other persons responsible for maintaining public order and fire safety as well as the voice alarm instructions
- Not interfere with rescue personnel, police and transport operations
- Leave the venue according to the evacuation plans and follow the exit signs
- Give way to vehicles with sound and light signalling devices

We ask you to immediately report smoke, fire or any suspicious objects by dialling **112** on your mobile device and notify the Congress staff.

This information is valid as of 27 October 2024. The latest information about the Congress can be found on the official website (nzdrav.ru).